

## Vitamin E:



Vitamin E refers to a group of compounds that include both tocopherols and tocotrienols. As a fat-soluble antioxidant, it stops the production of reactive oxygen species formed when fat undergoes oxidation. Mixed Tocopherols are the most common forms of vitamin E - for use in fats, oils and a wide range of fat-containing food and feed products. Mixes of the natural forms of D-forms of alpha, beta, gamma and delta tocopherols are available. **Vitamin E** is a natural antioxidant available in oil and water oil soluble forms.